

Course Outline

Objectives:

- to help readers grasp what key passages in the Bible say about the topic;
- to provide readers with explanatory notes, word definitions, historical background, and cross- references so that the only other reference they need is the Bible;
- to teach readers how to let God’s Word transform them into Christ’s image;
- to provide small groups with a tool that will enhance group discussion of each passage and topic; and
- to write each session so that advance preparation for group members is strongly encouraged but not required.

Course Length: 10 weeks (8 Jan – 19 Mar).

Course Format:

- Before class: read assigned verses using a handout with study guide questions.
- During Class: opening prayer; review readings; share observations; discuss central theme of passages; apply to present day issues; close with prayer.

Course Materials: Handouts from NavPress *The Fruit of the Spirit: A Bible Study on Reflecting the Character of God*, Copyright, 2022.

Course Syllabus

Class Date	Theme	Reading Assignment
Jan 8 th	Introduction/Overview	N/A
Jan 15 th	Love: Learning to Serve Others	Luke 10:25-37
Jan 22 nd	Joy: Rejoicing in Any Situation	Philippians 1:12-26
Jan 29 th	Peace: Overcoming Anxiety	Philippians 4:4-9
Feb 5 th	Patience: The benefits of Waiting	James 5:7-11
Feb 12 th	Kindness: Caring for One Another	Ruth 2:1-23
Feb 19 th	Goodness: Overcoming Evil with Good	Romans 12:17-21
Feb 26 th	Faithfulness: Keeping Our Commitments	Matthew 25:14-30
Mar 5 th	ASH WEDNESDAY – NO CLASS	
Mar 12 th	Gentleness: A Parents Care	1 Thessalonians 2:7-12
Mar 19 th	Self-Control: Mastering Our Desires	1 Corinthians 9:24 – 10:13